

## Frequently Asked Questions

### **What are the differences between ESWT and ERWT?**

With *ESWT*, the maximum energy is applied at the focal point. The high-energy shock wave treatments are given in a single session and usually require some type of anesthesia.

With *ERWT*, the maximum energy is applied on the surface of the skin and the energy dissipates from there. Low-energy shock wave sessions are given as a series; three or more are generally required.

### **Is it normal that I develop pain during or after the therapy?**

The low-energy shock waves are generally not painful. *ERWT* is a mechanical stress, and during the session you may experience some discomfort depending on your tolerance range. You may also experience some discomfort few hours after the therapy session.

### **How long will the treatment last?**

*ERWT* generates reactive processes at a cellular level. The cells require time for these reactions after treatment. It is important to adhere to the intervals between the sessions and resting afterwards allowing the structure to adjust; remember that it is a gradual process.

### **Can I exercise during a shock wave treatment series?**

Pay careful attention to the affected area so that no new injuries occur due to the force loads. Do not participate in any stressful activity involving the affected area for the first few weeks. You should slowly resume to your normal activity level, as tolerated.



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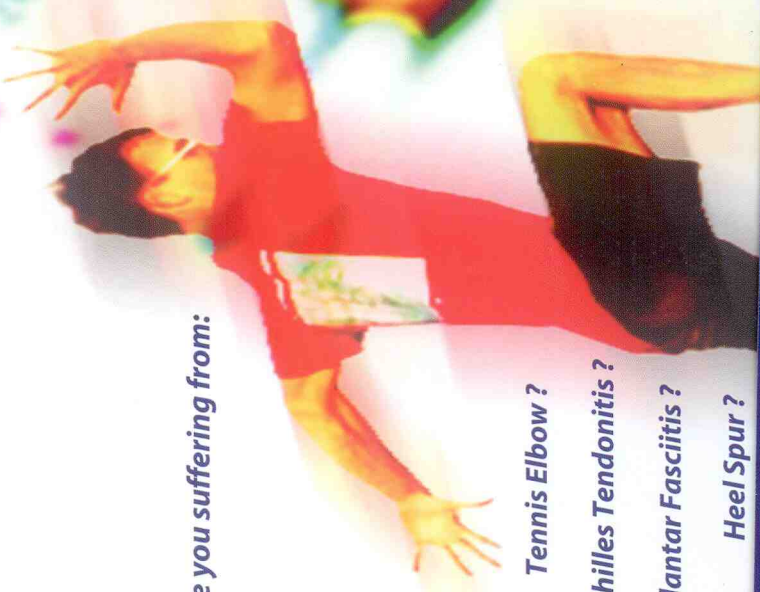
### **Are you suffering from:**

**Tennis Elbow ?**

**Achilles Tendonitis ?**

**Plantar Fasciitis ?**

**Heel Spur ?**



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## Endless benefits:

- MM Improvements in pain level, function & quality of life
- MM Short treatment time-5 to 7 minutes per session
- MM 3 to 5 sessions only
- MM Short recovery time- Non Invasive
- MM Extensive pain relief
- MM No anesthesia or imaging required

## What is Extracorporeal Radial Wave Therapy?

Extracorporeal Radial Wave Therapy is a highly effective clinical method providing extensive pain relief and therapeutic healing.

The radial wave delivers an acoustic wave directly to the injured tissue. It is transmitted through the surface of the skin and spread radially into the body. The wave then diminishes as it travels to the affected tissue.

The extracorporeal radial waves affect the area on a cellular level, breaking down scar tissue and calcified deposits that may have penetrated tendons and ligaments.

The Extracorporeal Radial Wave Therapy essentially produces an inflammatory response by increasing metabolic activity around the affected area and regenerating new healthy tissue. The therapy accelerates and stimulates your body's own healing process and lets you get back to your normal activities much quicker.

## Why Extracorporeal Radial Wave?

This technology reduces or eliminates many types of chronic pain. Radial Therapy is fast, safe, non-invasive and very effective in treating many problems for which, traditionally, patients are unable to receive effective medical treatment.



## What can be treated?

Extracorporeal Radial Waves are indicated as a treatment for:

- MM Plantar fasciitis/Heel Spur
- MM Achilles tendonitis
- MM Joints
- MM Bursitis
- MM Tendons
- MM Ligaments
- MM Soft tissue
- MM Trigger points
- MM Shin splints

